**SPRING SERIES #6**

**JAMAICA H.S.**

**April 30th, 2013 at 4:15 p.m.**

The Spring Series schedule has been prepared so that other competitive events are not going on at the same time on the track.

Spring series are developmental in nature. While not mandated, they may be used to meet the outdoor track ten meet requirements.

A school may attend any meet in any borough – however, keep in mind that these meets begin promptly at 4:15 p.m.

Performances at these events are recorded by PSAL officials and may be entered as a city championship qualifying performance. It is imperative, therefore, that PSAL assigned numbers be worn by all competitors.

Athletes are limited to two events.

Inclement weather decisions will be posted on the PSAL web site no later than 1 p.m.

Listed below are the orders of events. At least three competitors must be checked in to conduct an event.

Schedule B – Spring Series 2 and 4

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| Steeplechase |
| 100/110m hurdles |
| 400 IH. |
| 1500/1600m. |
| 400m. |
| 4X100m. Relay |
| Race-walk |
| 4X800m. Relay |
| Long jump followed by the Triple Jump |
| High jump |
| Discus |
| Pole vault |
| Shot put |
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